



Walks Around St Hilary – South East Circular –

9.1 miles – 3.6 hours – Moderate/Strenuous – 2 pub stops

Overview

A stroll through unvisited parts of the Vale – you are unlikely to meet anyone on these paths – with lovely panoramas over the Vale. Wander around Llantrithyd and Llancarfan, pop in to Coed Hills Rural Arts Space, have a halfway pint at the Fox and Hounds in Llancarfan (closes at 2.30pm). Take in the peace, quiet and views then back to the Bush Inn (open all day) – and a well earned (second!) pint

Distance

9.1 miles

Time

3.6 hours (brisk pace without stops)
Add on 45 minutes for wandering around each of Llantrithyd, Llancarfan and Coed Hills Rural Art Space; add a further hour at the Fox and Hounds – and this could take you all day!

Route

St Hilary – Coed Hills Rural Arts Space – The Garn – Llantrithyd House – Llantrithyd – Llancarfan – Teguff – Coed Arthur – The Garn – St Hilary

Pub stops

Start and Finish: Bush Inn
Llancarfan: Fox & Hounds

Terrain

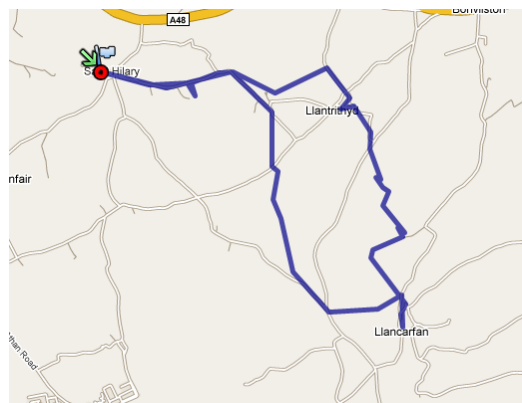
Gentle descents and ascents – one short 400 yard lung-busting stretch
Seldom used paths, so can be overgrown in summer (long trousers recommended) – one tricky navigation point
Some country lanes – which can be used as alternative routes

Map

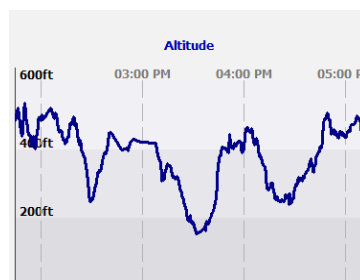
Explorer 151
1: 25,000

Start and finish
grid reference:
ST 016733

A map is highly
recommended for
this walk



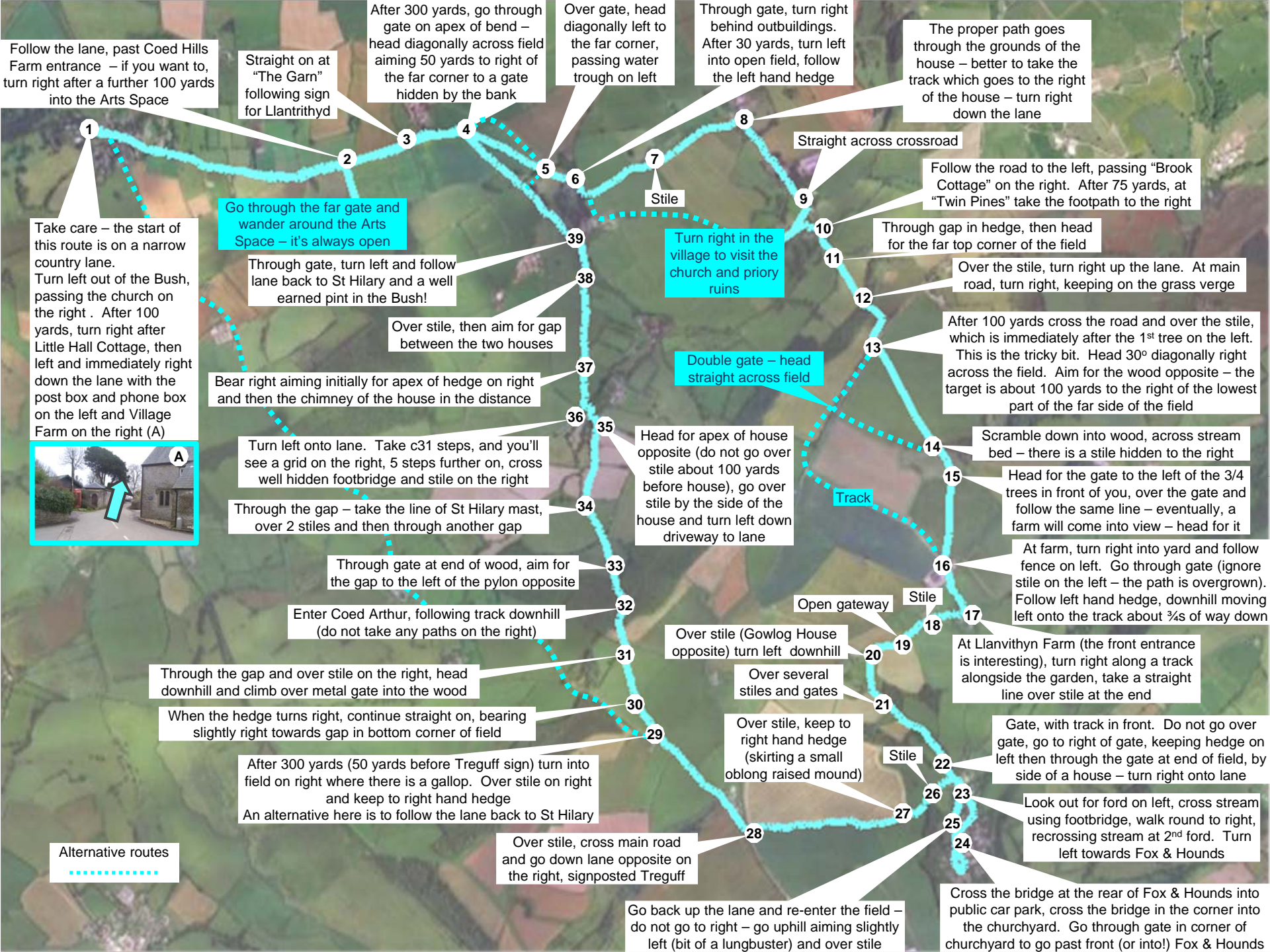
Height Gain and Altitude



Start and finish: 420 feet
Highest point: 420 feet
Lowest point: 160 feet

About 260 feet between highest and lowest points
About 650 feet height gain in total

SE



Follow the lane, past Coed Hills Farm entrance – if you want to, turn right after a further 100 yards into the Arts Space

Straight on at "The Garn" following sign for Llantrithyd

After 300 yards, go through gate on apex of bend – head diagonally across field aiming 50 yards to right of the far corner to a gate hidden by the bank

Over gate, head diagonally left to the far corner, passing water trough on left

Through gate, turn right behind outbuildings. After 30 yards, turn left into open field, follow the left hand hedge

The proper path goes through the grounds of the house – better to take the track which goes to the right of the house – turn right down the lane

1 2 3 4 5 6 7 8 9

Go through the far gate and wander around the Arts Space – it's always open

Through gate, turn left and follow lane back to St Hilary and a well earned pint in the Bush!

Over stile, then aim for gap between the two houses

Turn right in the village to visit the church and priory ruins

Follow the road to the left, passing "Brook Cottage" on the right. After 75 yards, at "Twin Pines" take the footpath to the right

Through gap in hedge, then head for the far top corner of the field

Over the stile, turn right up the lane. At main road, turn right, keeping on the grass verge

Take care – the start of this route is on a narrow country lane. Turn left out of the Bush, passing the church on the right. After 100 yards, turn right after Little Hall Cottage, then left and immediately right down the lane with the post box and phone box on the left and Village Farm on the right (A)



Bear right aiming initially for apex of hedge on right and then the chimney of the house in the distance

Double gate – head straight across field

After 100 yards cross the road and over the stile, which is immediately after the 1st tree on the left. This is the tricky bit. Head 30° diagonally right across the field. Aim for the wood opposite – the target is about 100 yards to the right of the lowest part of the far side of the field

Turn left onto lane. Take c31 steps, and you'll see a grid on the right, 5 steps further on, cross well hidden footbridge and stile on the right

Head for apex of house opposite (do not go over stile about 100 yards before house), go over stile by the side of the house and turn left down driveway to lane

Scramble down into wood, across stream bed – there is a stile hidden to the right

Through the gap – take the line of St Hilary mast, over 2 stiles and then through another gap

Head for the gate to the left of the 3/4 trees in front of you, over the gate and follow the same line – eventually, a farm will come into view – head for it

Through gate at end of wood, aim for the gap to the left of the pylon opposite

At farm, turn right into yard and follow fence on left. Go through gate (ignore stile on the left – the path is overgrown). Follow left hand hedge, downhill moving left onto the track about 3/4 of way down

Enter Coed Arthur, following track downhill (do not take any paths on the right)

Over stile (Gowlog House opposite) turn left downhill

At Llanvithyn Farm (the front entrance is interesting), turn right along a track alongside the garden, take a straight line over stile at the end

Through the gap and over stile on the right, head downhill and climb over metal gate into the wood

Over several stiles and gates

When the hedge turns right, continue straight on, bearing slightly right towards gap in bottom corner of field

Over stile, keep to right hand hedge (skirting a small oblong raised mound)

Gate, with track in front. Do not go over gate, go to right of gate, keeping hedge on left then through the gate at end of field, by side of a house – turn right onto lane

After 300 yards (50 yards before Treguff sign) turn into field on right where there is a gallop. Over stile on right and keep to right hand hedge. An alternative here is to follow the lane back to St Hilary

Over stile, cross main road and go down lane opposite on the right, signposted Treguff

Look out for ford on left, cross stream using footbridge, walk round to right, recrossing stream at 2nd ford. Turn left towards Fox & Hounds

Alternative routes



Go back up the lane and re-enter the field – do not go to right – go uphill aiming slightly left (bit of a lungbuster) and over stile

Cross the bridge at the rear of Fox & Hounds into public car park, cross the bridge in the corner into the churchyard. Go through gate in corner of churchyard to go past front (or into!) Fox & Hounds

Circular and Other Walks in and around St Hilary

This is one in a series of current and planned walking guides based on and around St Hilary

The Walks

Circular Walks

West – 6.4 miles
Aberthin / Cowbridge / Llanblethian

South East – 9.1 miles
Llantrithyd / Llancarfan / Treguff

North West
Llansannor / Penllyn / Cowbridge

South West – 7.7 miles
Llanblethian / Siginstone / Llandough

North East
Llantrithyd / Hensol / Stalling Down

Routes between St Hilary and Cowbridge

via New Beaupre

via Roman Road

via The Downs

via Llanblethian

Points of Interest

Old Beaupre Castle

Coed Hills Rural Art Space

The Clump

Disclaimer: you undertake these walks at your own risk

Web site: All these walks will be available, as they are prepared, as a download from the St Hilary website: www.sthilary.org.uk ⇒ local walks and maps

The best map for all the walks is the Ordnance Survey's Explorer 151

Boots are advisable. Most walks involve stiles. The ground can be soft / muddy when wet.

Take great care when crossing roads and on the lanes

