

# St Hilary – Cowbridge: 4 Point to Point Walks

1.8 miles to 2.9 miles – 30 minutes to 1 hour – Easy – 2 pub stops

**Overview** 4 alternate routes from St Hilary to Cowbridge  
All can be combined for circular routes

<b>Routes, distances and times</b>	1	St Hilary Down – Roman Road	1.8 miles	35 minutes
	2	St Hilary Down – Stoneacre	1.9 miles	35 minutes
	3	New Beaupre – Stoneacre	1.9 miles	35 minutes
	4	New Beaupre – Llanblethian	2.9 miles	1 hour

**Pub stops** Start: Bush Inn  
Finish: Cowbridge – several

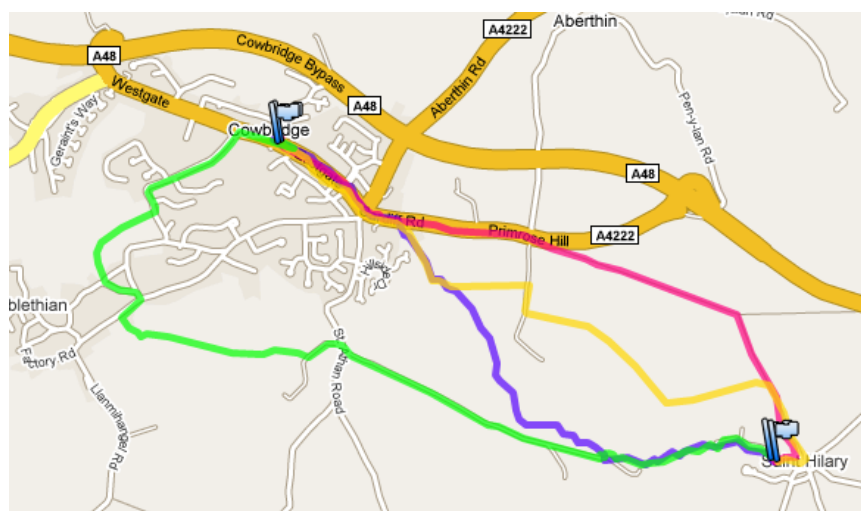
**Terrain** All well marked paths

- 1 Well marked track, Roman road then road into Cowbridge
- 2 Well marked track, open land, fields then clear path into Cowbridge
- 3 Lane, fields then clear path into Cowbridge
- 4 Lane, track, fields, lanes in Llanblethian, tarmac path into Cowbridge

**Map**  
Explorer 151  
1: 25,000

Start grid reference  
ST 016733

Finish grid reference  
SS 995745



**Height Gain and Altitude** Start: St Hilary 480 feet  
Finish: Cowbridge 260 feet

Walk 1: Highest point: 600 feet  
Walk 2: Highest point: 530 feet  
Walk 3: Mostly downhill, 110 foot ascent at mid point  
Walk 4: Lowest point: 180 feet

# St Hilary – Cowbridge: Point to Point Walks

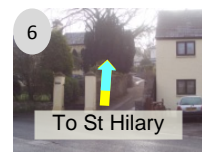
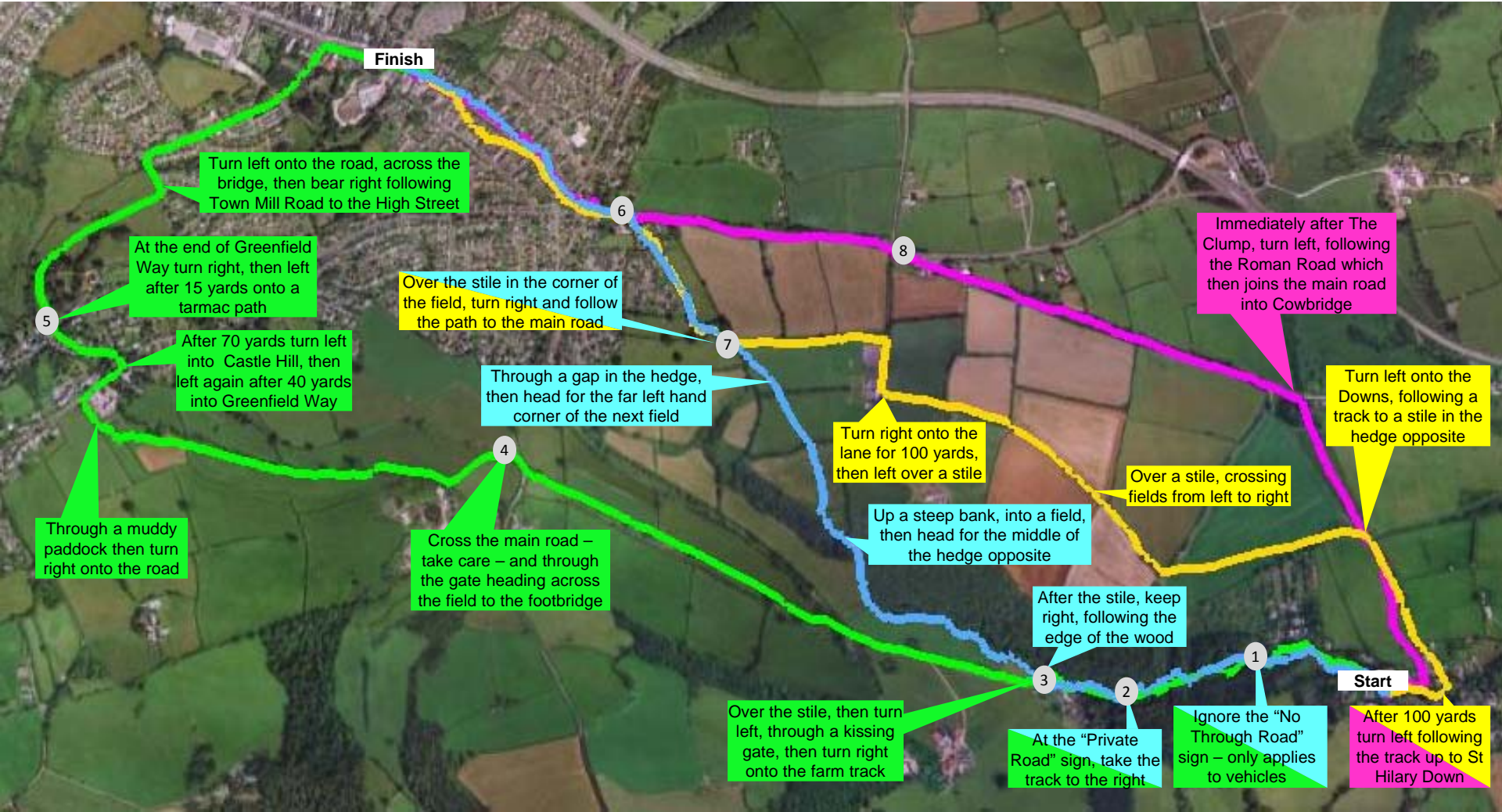
All directions are from St Hilary – the routes are easily reversed – photos 6, 7 & 8 show decision points if travelling from Cowbridge

New Beaupre / Llanblethian 2.9 miles

New Beaupre / Stoneacre 1.9 miles

The Downs / Stoneacre 1.9 miles

The Downs / Roman Road 1.8 miles



# Circular and Other Walks in and around St Hilary

This is one in a series of current and planned walking guides based on and around St Hilary

## The Walks

### Circular Walks

West – 6 miles  
Aberthin / Cowbridge / Llanblethian

South East  
Treguff / Llantrithyd

North West  
Llansannor / Penllyn / Cowbridge

South West  
Llanblethian / Siginstone / Llandough

North East  
Llantrithyd / Hensol / Stalling Down

The Downs

### Routes between St Hilary and Cowbridge

via New Beaupre

via Roman Road

via The Downs

via Llanblethian

### Points of Interest

Old Beaupre Castle

Coed Hills Rural Art Space

The Clump

Disclaimer: you undertake these walks at your own risk

Web site: All these walks will be available, as they are prepared, as a download from the St Hilary website: [www.sthilary.org.uk](http://www.sthilary.org.uk) ⇒ local walks and maps

The best map for all the walks is the Ordnance Survey's Explorer 151

Boots are advisable

Take great care when crossing roads and on the lanes

